

HEALTHY START

STEEL CUT OATS | 12

walnuts, apples & berries with choice of steamed, almond or soy milk

GRANOLA PARFAIT | 14

greek yogurt, wild berries, toasted almond & pumpkin seeds

FRESH FRUIT BOWL | 14

seasonal assortment

SMASHED AVOCADO TOAST | 18

poached caged-free eggs, watercress, radish, citrus, seven grains

BRÛLÉE GRAPEFRUIT | 8

caramelized brown sugar

JUICES | \$10

apple, cucumber, ginger, lime, spinach

apple, cantaloupe, orange, pineapple, mango

beet, pear, apple, celery

carrot, orange, ginger

WHEAT GRASS SHOT | \$5

FRESH ORANGE JUICE | \$6

FRESH CARROT JUICE | \$6

FRESH GRAPEFRUIT JUICE | \$6

CLASSICS

BREAKFAST BOWL | 18

faro, heirloom tomatoes, toasted sesame seeds, chickpea, feta cheese, sunny-side-up egg

SMOKED SALMON PLATTER | 21

toasted bagel, sliced tomato & capers

CROQUE MADAME | 19

ham, gruyere, bechamel, fried egg

GRITS | 22

white speckled grits, choice of Shrimp, Steak, or buttermilk fried chicken, house churned butter

BELGIAN WAFFLES | 16

honey butter, strawberry & banana

CRISPY FRENCH TOAST | 16

orange butter, nutmeg

EGGS

MARKET OMELETTE | 15

forest mushroom, gruyere

EGG WHITE OMELETTE | 17

roasted mushrooms, goat cheese

EGGS BENEDICT | 18

canadian bacon & hollandaise

+smoked salmon | 4

EGGS ANY STYLE | 15

choice of Neuske's smokehouse bacon, savory sage sausage or ham

SOFT BOILED EGG | 6

with soldiers

STEAK & EGGS | 26

8 oz grilled skirt steak & scrambled eggs

SIDES

Chicken Sage Sausage | 7

Thick-Cut Bacon with Maple | 8

House-made breakfast breads or Bagels | 12

with jams, butter

Bagel with jams, butter | 5

Grits | 6

English Muffin | 4